

SENIOR MEETING PACKET

Class of 2024



You're a Senior. Now what?

Start the process of "Adulting"

Adulting: the practice of behaving in a way characteristic of a responsible adult, especially the accomplishment of mundane but necessary tasks.

Things most Adults do: We have jobs. We are productive members of society. We have bills to pay. We pay our taxes. We show up on time. We take responsibility for our actions. We say "Please" and "Thank you." We say "Hello" or "Good Morning" to people. We have bank accounts. We tip our waitresses 15-20%. We use blinkers while driving. We address police officers politely. We write emails, and respond to emails. We are responsible for our own lives.

Things to Think About

- Do you know what you need to do to graduate?
- Do you know what you want to do after graduation?
- Do you know the steps to get you there?
- Who are people who can help you along the way?
- Where are you going to live?
- How are you going to pay for things?

Professionalism

- Build your resume
 - Resume Builder tool in Naviance under "About Me" section
- Clean up social media
 - Your profiles being set to private does not guarantee content can't be viewed
- Set up a professional email address
 - Some version of your name/initials is always safe
 - Nothing silly or offensive
- Business attire for potential interviews

Graduation Requirements

Credit Requirements for Graduation

The following coursework is required to receive a High School Diploma:

Subject	Credits	Specifications
English	20	English 1, 2, 3, and 4
PE/Health	20	
Mathematics	15	Algebra 1, Geometry, third Math course that builds on algebraic skills
Science	15	Biology plus two additional core science classes
History	15	World History, US History 1, and US History 2
World Language	5	
Visual/Performing Art	5	
Career/Technical Art	5	
Financial Literacy	2.5	

In addition to the required courses, a student's total earned credits upon high school completion must be at least 120.

	ELA	Mathematics
First Pathway:	 New Jersey Graduation Proficiency Assessment (NJGPA) — ELA ≥ 725 (Graduation Ready) 	 New Jersey Graduation Proficiency Assessment (NJGPA) — Mathematics ≥ 725 (Graduation Ready)
Second Pathway:	 ACT Reading ≥ 17 ACCUPLACER WritePlacer ≥ 5 ACCUPLACER WritePlacer ESL ≥ 4 PSAT10 Evidence Based Reading and Writing (EBRW) ≥ 420 PSAT10 Reading ≥ 21 PSAT/NMSQT EBRW ≥ 420 PSAT/NMSQT Reading ≥ 21 SAT EBRW ≥ 450 SAT Reading ≥ 23 	 ACT Math ≥ 17 ACCUPLACER Elementary Algebra ≥ 49 Accuplacer Next-Generation QAS ≥ 250 PSAT10 Math Section of PSAT/NMSQT Math Section ≥ 420 PSAT10 Math or PSAT/NMSQT Math ≥ 21 SAT Math Section ≥ 440 SAT Math Test ≥ 22
Third Pathway:	Meet the criteria of the NJDOE Portfolio Appeal for ELA	Meet the criteria of the NJDOE Portfolio Appeal for Math

Graduation Audit

Upon review of transcript, the following courses are required for graduation:					
- <u>English 4</u>					
-PE/Health 12					

• Contact your counselor with any questions about your remaining graduation requirements, or if you do not receive a letter.

Testing Dates & Deadlines

SAT

Register at collegeboard.org

College Board High School Code: 310062

Test Date	Registration Deadline	Late Registration Deadline**
Oct 7, 2023	Sept 7, 2023	Sept 26, 2023
Nov 4, 2023	Oct 5, 2023	Oct 24, 2023
Dec 2, 2023	Nov 2, 2023	Nov 21, 2023
Mar 9, 2024 (Digital*)	Feb 23, 2024	Feb 27, 2024
May 4, 2024 (Digital*)	April 19, 2024	April 23, 2024
June 1, 2024 (Digital*)	May 16, 2024	May 21, 2024

^{*}SAT is fully digital as of January 2024.

ACT

Register at actstudent.org

Test Date	Registration Deadline	Late Registration Deadline*
Sept 9, 2023	Aug 4, 2023	Aug 18, 2023
Oct 28, 2023	Sept 22, 2023	Oct 6, 2023
Dec 9, 2023	Nov 3, 2023	Nov 17, 2023
Feb 10, 2024	Jan 5, 2024	Jan 19, 2024
April 13, 2024	March 8, 2024	March 22, 2024
June 8, 2024	May 3, 2024	May 17, 2024
July 13, 2024	June 7, 2024	June 21, 2024

^{*}Late fees apply after first registration deadline

ASVAB

2023-2024 dates TBD

- 7:15 in BHS Cafeteria
- Register in the Counseling Office
- *ASVAB can be scheduled and taken through appropriate Military branch as well

Accuplacer

December 12, 2023

^{**}Late fees apply after first registration deadline.

Post-Secondary Options

Undecided?

If you're not sure what you want to do after graduation, start with Naviance.

- Self-Discovery section
 - Contains a variety of personality and interest inventories to help direct you towards future careers that may interest you.
- Careers Section
 - Allows you to search for more information on a variety of careers. Information can include required studies/degrees, job outlook, daily tasks, average salaries, and more.

Military

- Branches
 - o Army
 - Navy
 - Marines
 - o Air Force
 - Coast Guard
- ASVAB: Armed Services Vocational Aptitude Battery
 - o <u>ASVABpraticetests.com</u>
 - o More Information about ASVAB and score requirements at military.com
- Explore your options, learn about each branch, and make an informed decision on the right branch for you
 - Choosing the right military branch example guide
- Speak with a recruiter about your options
 - Sample Questions to ask your recruiter

Vocational/Technical Programs

- Ocean County Vocational Technical School
 - Application coming in January 2024 for programs beginning September 2024.
 - OCVTS presentation at BHS in December.
 - Offers accelerated 10 month programs and part time, 2 year programs
- There are a number of other vocational and technical programs available
 - Here is some helpful information about choosing vocational programs.

Entering the Workforce

Do you have a job lined up?

- New Jersey Department of Labor Office of Apprenticeship Matches career-seekers with apprenticeships so you can earn while you learn
- New Jersey Department of Labor Career Services Resources specific for NJ job-seekers
- Ocean County One-Stop Career Center Ocean County resources for individuals seeking employment and assistance

College: 2-year and 4-year

Application procedures begin on next page

Ocean County College

Application available at ocean.edu

- Free and online
- No essay, Letters of Recommendation, or test scores (SAT) required
- Transcripts generally not required until end of Senior year

Pathways program

- Reps from OCC will visit BHS to meet with Seniors in English and/or PE classes to discuss opportunities through OCC.
- Session 1: College 101
- Session 2: Financial Aid information

Fall visit to Southern Education Center (SEC)

- Tour OCC's location in Manahawkin
- Date of visit TBD

Express Enrollment Days

Spring 2024 dates TBD

NJSTARS

- Students who rank in the top 15% of their class at the end of junior year or senior year are eligible.
- Free tuition for the Associates Degree, up to five semesters. Does not apply to summer courses.
- GPA of 3.0 must be maintained to keep eligibility.
- NJSTARS II program can pay an additional \$1250 per semester upon transfer to NJ state school.

Early College @ OCC

- Earn college credits taking OCC courses while still in high school.
- Reduced tuition rate
- Flexible scheduling options: main campus, SEC, Hybrid Flex, Online
- Extensive course options: General Education courses approved for Early College
- View OCC's tutorial video on how to register yourself for classes.

Transferring to 4-year college

- For students who earn an Associates Degree at OCC, credits earned are guaranteed to transfer to any 4-year public NJ state university
- Most colleges will accept credits earned at OCC
- Students are encouraged to speak with receiving institution regarding their policy on accepting transfer credit.
- Check <u>nitransfer.org</u> for information regarding transferring credits and colleges' acceptance policies.

College Application Process

College applications can be a difficult process to navigate. It is important for students to meet all deadlines and requirements for each college applied to. It is crucial to stay organized to be successful in this process. Use our <u>College Application Activity Tracker</u> to help make sure you complete all steps of the application process.

Complete College Applications

- Common Application (<u>commonapp.org</u>). Recommended pathway, particularly if applying to multiple colleges that will accept the Common Application.
 - o It is <u>strongly recommended</u> to check off "YES" for waiving your right to read your recommendations in the FERPA section.
 - o Will "link" with your Naviance account to save steps and time in the application process.
- Directly to Institution. Complete online application directly through the college website for schools that do not accept the Common Application.
- Coalition Application. Similar to Common Application in that it can be sent to multiple colleges, but less schools participate in this application.

Request Letters of Recommendation

- From Your Counselor
 - o Complete Counselor Recommendation document and submit to your counselor.
- From Your Teachers
 - o Pick two academic teachers to write letters of recommendation for you. Ask each teacher if they will write a letter for you, and provide them each a <u>Teacher Recommendation</u> document.
- Request the letter of recommendation through Naviance for each teacher. You do not need to complete this step for the Counselor's letter. (see pg 7 for further information)
- Be sure to give the teacher and counselor plenty of time to write your letter. Remember, you want them to be able to take their time and write the best letter possible.

Complete Required Naviance Steps (see page 7 for more detailed information)

- Link your Naviance account with your Common Application.
- Add colleges to your "Colleges I'm Applying To" list.
- Request teacher letters of recommendation.

Send Your SAT/ACT Scores

YOU are responsible for sending your test scores to the colleges you apply to!

- Sign up to send SAT score reports for free when you register for the SAT. You can request four free score reports anytime from the day you register to up to nine days after your SAT test date.
- If you are eligible for free and reduced lunch you can get up to two fee waivers for each test; please see your counselor. You must receive the waiver prior to registering for the test.
- <u>Test Optional</u>: Many colleges have elected to be "Test Optional" at this time. These schools do not require test score submission for admissions. A list of test optional schools can be found here, though for the most accurate and up to date information be sure to visit the college's website.
 - o Be careful to read each college's policy carefully, as certain programs and/or financial aid opportunities may still require test score submission even if the main admission application is test optional.

College Application Process, continued

Submit Transcript Request Form

- You must submit a <u>BHS Transcript Request Form</u> for <u>EACH</u> school you apply to the Counseling Department. These requests should be handed in 10 school days prior to the college's application deadline. <u>Any applications with a January 1st deadline must be submitted to the Counseling Department by December 10th.</u>
 - o Can complete the BHS Transcript Request Form for up to 5 schools at a time.
 - o Complete a new form if are applying to more than 5 schools or if you submit applications at different times
 - o Be sure to fill out accurately, particularly whether you applied through the Common Application, Direct to Institution, or through the Coalition.

Submit Financial Aid Requirements

- All students should complete FAFSA (fafsa.gov) on or after October 1st, 2022.
- In addition to FAFSA, there are many additional financial aid avenues (both required and optional) for you to explore.
- See p. 9 for more information.

Update your counselor on your college acceptances!

• We want to celebrate your accomplishments!

Naviance College Application Process

Linking Naviance and the Common Application:

- Log in to your Naviance account.
 - Your Username is your Barnegat email address.
 - Use 'Forgot Password' link if necessary.
 - Contact your counselor if you have trouble signing in.
- Go to "Colleges" tab.
- Click on "Colleges I'm Applying To."
- Click on the "Match Accounts" button near the top-right of the screen. Follow the directions on the screen to link your Naviance account to the Common Application. See this <u>video tutorial</u> for help:
 - o If you have not already started the Common Application, you must do so first.
 - You must have completed the FERPA section of the Common App. If you have not yet, do so by:
 - Log in to your Common App account (or create one via commonapp.org).
 - Add a college via the college search (if you have not done so already).
 - Go to "My Colleges" Tab.
 - Under your college select "Recommenders and FERPA."
 - Follow directions to complete the FERPA section. It is strongly recommended to check off "YES" for waiving your right to read your recommendations in the FERPA section.

Adding Colleges to Your Application List

*All Common Application schools will automatically update once you have linked your accounts.

- Go to "Colleges" Tab.
- Under "Apply to College", select "Colleges I'm Applying To."
- Click on the "Plus Sign" icon (right hand side of screen) to add colleges to which you are applying/have applied.
- Answer all questions on screen to add an application.
 - Please be sure to do so accurately, particularly whether you are using the Common Application to apply or directly to the institution.
- Repeat for each college.

Requesting Letters of Recommendation

- Go to "Colleges" tab.
- Under "Apply to College", select "Letters of Recommendation."
- Click on "Add Request."
- Select your teacher from the drop down box.
- Select "General Request" as the recommendation request type
 - Be aware of how many Letters each college requires/allows
- You do not need to leave any notes as you should have already spoken to your teacher and provided a Teacher Recommendation Request form.
- Click "Submit Request."
- Repeat for each teacher writing you a letter of recommendation.

Important Information for Completing College Applications

School Contact Information

Address: 180 Bengal Blvd., Barnegat, NJ 08005

• Phone: 609-660-7510

• Counseling Office Fax number: 609-698-6313

BHS CEEB Code

310062

Class Information

Class Size: 234

• Class Rank: Available on your transcript and in Naviance

- GPA is weighted and on a 4.0 Scale
- Rank is weighted
- Course Credits:
 - Full year courses are worth 5 credits
 - Semester courses are worth 2.5 credits

School Counselor Contact Information

- Lindsey Wasiak
 - o <u>lwasiak@barnegatschools.com</u>
 - o 609-660-7510 x77116
 - o A-De
- Kate Gehrke
 - o kgehrke@barnegatschools.com
 - o 609-660-7510 x77119
 - o Df-K
- Jeff Fonseca
 - o <u>jfonseca@barnegatschools.com</u>
 - o 609-660-7510 x77118
 - L-Pl and ELL
- Kaleigh Wargo
 - o <u>kwargo@barnegatschools.com</u>
 - o 609-660-7510 x77117
 - o Pm-Z

Financial Aid

FAFSA: Free Application for Federal Student Aid

- www.fafsa.gov
- **Required** for any college-bound student to be considered for any federal financial aid, and for some state financial aid programs. This step is often required to receive any financial aid from colleges.
- FAFSA completion is the first, and most important, step in the financial aid process.
- Class of 2024: FAFSA will not be open until December 2023. We will share information as we receive it.
- FAFSA will utilize information from your parent(s)/guardian(s) 2022 tax return information.
- New Jersey students may be required to complete additional questions for state aid via NJFAMS.

HESAA: Higher Education Student Assistance Authority

- www.hesaa.org
- New Jersey resource to help students and families navigate the financial aid process
- NJFAMS: New Jersey Financial Aid Management System
 - NJ students can view eligibility and "To Do" lists to see if there is any incomplete information needed for you to qualify for state aid programs.
 - First-time users will need to register and create an NJFAMS account for access.

CSS Profile: College Scholarship Service Profile

- https://cssprofile.collegeboard.org/
- Some colleges/universities may require students to complete a supplemental financial aid application in addition to the FAFSA.

EOF: Educational Opportunity Fund

- https://www.nj.gov/highereducation/EOF/
- Provides financial assistance (e.g. books, fees, room and board) and support services (e.g. counseling, tutoring, and developmental course work) to students from educationally and economically disadvantaged backgrounds.
- This program provides additional aid beyond that which is offered through federal (FAFSA) and traditional state (NJFAMS) aid programs.
- Colleges often (but not always) invite eligible students to apply for this program.
 - It will require a separate application after the initial college application is submitted.

Additional Scholarship Resources:

- National: Visit the Counseling Department Scholarships page for national scholarship search engines.
- Local: Information about local scholarships will be available around the end of January in the Counseling Office
 and online at the above link.
- **College websites:** You should also check the website for every college you apply to. They often have a scholarship page for awards available through the school.

Student Athletes

NCAA Eligibility

- All students interested in playing college sports should start here: NCAA: Want to Play College Sports?
- NCAA Eligibility Center
 - o Potential Division I or Division II athletes MUST register with the NCAA Eligibility Center.
 - Must submit payment for an official account.
 - Potential Division III athletes are encouraged to create a free profile.
 - Test scores must be reported to the Eligibility Center from SAT or ACT using code 9999.
 - Submit a <u>BHS Transcript Request Form</u> for your transcript to be sent to the NCAA Eligibility Center.
 - Enter "NCAA Eligibility Center" as college name.
- Academic Eligibility Requirements (<u>Division I</u> and <u>Division II</u>)
 - NCAA eligibility requires successful completion of high school courses, which closely aligns with NJDOE graduation requirements.
 - NCAA eligibility requires test scores on a sliding scale based on your GPA.
- Download <u>Guide for the College-Bound Student-Athlete</u> for comprehensive information on college athletic eligibility.

Other Things You Can Do

- Make a sports resume/video reflecting your athletic achievements and stats.
- Ask your high school coach to write you a letter of recommendation or to contact college coaches on your behalf.
- Make contact with the coach at every college you are interested in attending. (Contact information is available on colleges' websites.)
 - Share your sports resume and current athletic schedule with the coach.
- Arrange an unofficial/official visit to the college.
 - If invited on an official visit, take advantage.

Important College Application Vocabulary

Naviance - Online college and career planning tool. Also the method school counselors send official transcripts, letters of recommendation, and other school documents to colleges.

Common Application - Online college application used by over 800 colleges and universities. Students complete the application once but can use for multiple colleges.

Direct to Institution Application - Online college application that is specific to just one college. This application is completed online through the school's website.

Letters of Recommendation - Letters written for students applying to college by BHS staff members (in most cases). Students must request these letters and typically will not read them.

Teacher/Counselor Recommendation Form - (also sometimes called "Brag Sheet") - BHS form given to staff members upon student request for letter of recommendation, highlighting student's goals and accomplishments.

FAFSA - Free Application for Federal Student Aid. This is often a first step in applying for financial aid and is required for all students attending college. Can complete beginning Oct. 1st of Senior year.

Grants - Gifted money for education that does not need to be paid back. Typically given based on family financial need.

Scholarships - Gifted money for education that does not need to be paid back. Typically given based on merit for items such as grades, test scores, or athletics

Loans - Money offered to students that must be paid back. There are a wide variety of loans available both federal and private. Loans will need to be paid back with interest.

Transcript Request Form - <u>BHS Transcript Request Form</u> to be submitted to counselor once application has been electronically submitted. This form indicates to counselor that official school documents must be sent. School documents will not be sent without this form.

Regular Decision - Students apply to a college by a specific deadline date.

- **Early Decision** Students apply to a college in early fall of their senior year and notification is sent by mid-December. (You can only submit one early decision application).
 - If accepted, the student has a binding commitment to attend this school, and all other applications must be withdrawn.
- **Early Action** Similar to Early Decision, except there is no binding commitment to attend the school if you are accepted, and other applications can be made.
- **Rolling Admission** Admission decisions are made on a continuous basis and notification is sent within 3-4 weeks after receipt of application materials.